

# Day Care in Maldon

Our Day Centre provides an opportunity for older people to mix socially in a safe environment and engage in stimulating activities with the support of trained staff and volunteers.

It also provides a vital break for Carers.

Call now to book a free taster day!

0300 7708090

Action for Family Carers

care@affc.org.uk affc.org.uk

- Suitable for people experiencing mild dementia or memory loss
- The service runs, Monday - Friday, 10am - 3pm.
- We organise a range of physical and cognitive activities to suit everyone — from quizzes and singing to gentle exercise.
- A nutritious 2-course, cooked lunch is also provided.
- The Day Centre is located at Brickhouse Farm Community Centre, Poulton Close, Maldon, CM9 6NG.

***"I relax knowing my sister's in a place where she's engaging in activities and happy. This leaves me free without worrying about her wellbeing."***

*Day Centre Feedback Survey

Book your FREE taster day now!

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Action for Family Carers

EXCELLENCE FOR CARERS
Carers Trust Quality Award

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